

Other Food Resources

Summer Food Service Program

For the approximately 22 million students, nationwide, who receive free or reduced-price meals at school, it can be tough to bridge the months-long gap between spring and fall. The Summer Food Service Program (SFSP) is a federally-funded, state-administered program which provides kids and teens with access to tasty, nutritious meals during the summer months. Operated under the US Department of Agriculture (USDA), SFSP distributes breakfast and lunch to kids at safe, supervised, accessible sites such as libraries and schools.

School Meal Summer Sites are announced in June and can be found at <https://nhfoodbank.org/what-we-do/summer-food-service-program/>

Supplemental Nutrition Assistance Program (SNAP)

The Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to eligible low-income individuals and families so they can purchase healthy food and move towards self-sufficiency.

Online application available at <https://nheasy.nh.gov/#/>

National School Lunch Program

The National School Lunch Program (NSLP) is a federally assisted meal program operating in public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to children each school day. The program was established under the National School Lunch Act, signed by President Harry Truman in 1946. Contact your child's school for application materials.

Commodity Supplemental Food Program CSFP

CSFP provides nutritious foods to income eligible seniors 60 year of age or older to supplement food budgets. Lakes Region families seeking additional information should contact the Community Action Program Belknap-Merrimack Counties, Inc. at 603-225-2050 /1-800-578-2050. This program serves Belknap, Merrimack, Coos, Grafton, Carroll and Stratford Counties.

NH Senior Farmer's Market Nutrition Program (SFMNP)

During the summer months, seniors participating in the Commodity Supplemental Food Program will also receive a bunch of locally grown fruits and vegetables.

Women, Infant, & Children Nutrition Program (WIC)

WIC serves pregnant, breastfeeding, post-partum women and infants/children up to their 5th birthday. Applicants eligible for SNAP, Medicaid or TANF or are a foster child are automatically eligible. Complete a pre-application at <https://www.nhwic.com/preapplicationportal> or call 603-225-2050 or 1-800-578-2050 to schedule an appointment.

Lakes Region Food Guide



Food Pantries

Community Meal Sites

School Meals/Summer Meals

SNAP Benefits

Commodity Supplemental Food Program

NH Senior Farmer's Market Nutrition Program

Lakes Region Food Pantries

Laconia

Christ Life Center Food Pantry

Lakes Region Vineyard Church
175 Mechanic St., Laconia, NH
603-524-5859
Thursday 9:00 - 11:00

St. Vincent de Paul Food Pantry

1269 Union Avenue, Laconia, NH
603-528-5683
Monday 12:00 - 2:00
Wednesday 6:00 - 8:00

United Baptist Church Food Pantry

35 Park St., Laconia, NH
603-524-3246
Thursday 9:00 - 11:00
Friday 10:00 - 12:00

Community Action Program Food Pantry

522 Main St., Laconia, NH
603-524-5512
Monday, Wednesday, Friday
9:00 - 12:00
Tuesday, Thursday
1:00 - 4:00

Mobile pantry for unhoused is held
Friday 1:30 - 3:00

The Salvation Army

177 Union Avenue, Laconia, NH
603-524-1834
Tuesday, Thursday 9:30-3:00



Gilmanton/Alton

Gilmanton Community Church Food Pantry

1817 NH 140,
Gilmanton Iron Works, NH
603-364-0144
Wednesday 3:00 - 6:00
Saturday 10:00 - 2:00

Alton Community Services Food Pantry

43 Main St., Alton, NH
603-857-2273
Saturday 9:30 - 12:00

Belmont

St. Joseph Parish Food Pantry

96 Main St., Belmont, NH
603-267-8174
Monday 3:00 - 5:00
Friday 8:30 - 11:30
(Belmont residents only)

Polly Food Pantry

First Baptist Church of Belmont
49 Church st., Belmont, NH
603-267-8185
Friday, Saturday 10:00 - 2:00

Meredith

Calvary Bible Church Food Pantry

6 St. James St., Meredith, NH
603-279-6025
Monday - Friday 9:00 - 5:00

Meredith Food Pantry

147 Main St., Meredith, NH
603-279-1115
Tuesday, Wednesday, Thursday
10:00 - 1:00

Restoration Acres Farm,

91 Corlis Hill Rd, Meredith, NH
603-998-2084
Daily 8:00 - 5:00

Tilton/Sanbornton

Northfield Tilton Congregational Church Food Pantry

283 Main St., Tilton, NH
603-286-4253
Tuesday 9:00 - 11:00

First Fruits Food Pantry

322 Uppper Bay Road, Sanbornton, NH
603-524-5996
1st and 3rd Wednesday of the Month
4:00 - 6:00

Moultonborough

Lakes Region Food Pantry

977 Whittier Highway, Moultonborough, NH
603-476-5400
Wednesday, Thursday, Friday 11 - 4:00
Saturday 10:00 - 1:00



Please note that
distribution and meal times
could vary based on
scheduling changes.

Lakes Region Community Meals

The Salvation Army

177 Union Avenue
Laconia, NH
603-524-1834
Monday - Saturday 12:00 pm

Hands Across The Table

31 Gilford Avenue
St. Andre Bessette Parish Hall
Laconia, NH
Wednesday Dinners 4:30 - 6:30



Franklin

Twin Rivers Food Pantry

2 Central St., Franklin, NH
603-934-2662
Tuesday, Thursday 9:00 - 11:00
Wednesday 5:00 - 7:00

Wolfeboro

L.I.F.E. Ministries Food Pantry

248 South Main St., Wolfeboro, NH
603-569-0202
1st and 3rd Wednesday of the month
9:00 - 1:00 and 3:00 - 6:00

Center Harbor

Breaking Bread Food Pantry

80 Bean Road, Center Harbor, NH
603-253-9724
Monday, Wednesday, Friday 9:00 - 12:00
Saturday 11:00 - 1:00

Isaiah 61 Cafe

100 New Salem St.
Laconia, NH
603-524-6161
Monday - Friday 8:30 - 2:00

Bread and Roses Soup Kitchen

206 Central Street,
Franklin, NH
603-934-2141
Monday - Thursday 4:00 - 6:00

